We are Lakes Center for Youth & Families.

### Re-imagining to connect with you.

## Always connecting with you.

We continue to focus on the mental health of clients and their families. Today, right now, this very minute, your provider at Lakes Center for Youth & Families is working to connect with you by offering state-of-the-art telehealth services. **You are important to us.** 

### How we are available for you.

Lakes Center for Youth & Families is connecting with clients through telehealth, the exchange of medical information from one site to another via electronic communication. This telehealth service offered to you will allow an appointment with your provider via secure and interactive video equipment. You will be able to speak in real-time with the provider during your telehealth appointment. We are here for you.

## We make understanding easy for you.

### Is telehealth safe? Yes.

All telehealth sessions are safe, secure, encrypted, and follow the same privacy and regulated HIPAA requirements as traditional in-person appointments. Your telehealth appointments will always be kept confidential. In addition, telehealth appointments are NEVER audio or video recorded.

# Is telehealth right for me?

Your provider will use their clinical judgment to determine if you would benefit from telehealth services. The safety and well-being of our patients remain very important to us. Telehealth services may not be appropriate for everyone.

### Can I choose NOT to participate? Of course.

Lakes Center has switched temporarily to teleheath visits only to protect the safety of our clients and our staff through the COVID19 Pandemic.

#### Please note:

- 1. You will schedule your telehealth appointments the same way you currently schedule an appointment with your provider, by calling 651-464-3685.
- 2. As with a traditional, in-person appointment, it continues to be your responsibility to call Lakes Center to cancel a telehealth appointment if you are unable to attend.
- 3. For Counseling Clients Only: Telehealth counseling sessions are available to adults, adolescents, couples, and families. Insurance, in most cases, will cover this service. In a situation where it may not, or if a client or family is uninsured or underinsured, Lakes Center offers sliding scale fees.

# If you want additional information:

Contact us via email at receptionist@lc4yf.org

### Learn more: www.LC4YF.org

**Re-imagining our possibilities** supporting our residents of Columbus, East Bethel, Forest Lake, Ham Lake, Hugo, Lino Lakes, Marine, May, Scandia, Stacy, Wyoming, Chisago City, Lindstrom, Taylors Falls, Shafer, Rush City, Harris, Center City, and North Branch.



FOR YOUTH & FAMILIES Telehealth: What to Expect 3.27.2020

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