



lakes center  
FOR YOUTH & FAMILIES

**Youth First** is a **FREE** program, providing youth with a safe and structured place to open up and share. All youth will participate in a series of lesson plans covering decision-making skills, emotional health/stress management, and more! Plus we have fun activities to go along with the topic and exciting guest speakers.

***Each week is different!***

# YOUTH **FIRST** @NORTH BRANCH

## DETAILS

**WHO:** Youth in 4th-5th grades

**WHEN:** Mondays, Tuesdays, and Thursdays 2:25-4pm  
(starts right after school)

**WHERE:** Sunrise Elementary, Room C222

**BEGINNING:** April 17 - May 29, 2023

**REGISTRATION IS REQUIRED.** Find the registration form at [www.lc4yf.org/enrichment/youth-first](http://www.lc4yf.org/enrichment/youth-first), scan QR code here, or call Emma at 651-615-0462.

You may attend some or all sessions and do not have to start on the first session! Come as often as you can!

**FREE!**  
JOIN US FOR  
FUN ACTIVITIES  
EVERY  
WEEK!

## QUESTIONS?

If you have questions, comments, or concerns, please contact  
Emma at 651-464-3685 or  
[Emma.Norwood@lc4yf.org](mailto:Emma.Norwood@lc4yf.org)



To learn more, visit our website at [www.lc4yf.org](http://www.lc4yf.org).  
Follow us on Facebook: [facebook.com/lc4yf](https://facebook.com/lc4yf)

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FOREST LAKE, MN 55025



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## YOUTH **FIRST** NORTH BRANCH SCHEDULE

APRIL	MAY
4-17 Mon	5-1 Mon
4-18 Tue	5-2 Tues
4-20 Thurs	5-4 Thurs
4-24 Mon	5-8 Mon
4-25 Tue	5-9 Tues
4-27 Thurs	5-11 Thurs
	5-15 Mon
	5-16 Tues
	5-18 Thurs
	5-22 Mon
	5-23 Tues
	5-25 Thurs
	5-29 Tues (Last day)

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